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Sensei Jonathan Kenney began his training with Sensei Platt in 1986 at the age of eight. Through the Art of Goju Ryu Karate-Do his training experience has included various Arts - Tai Chi, Pa Qua, Chi Kung, Kobudo, Escrima, Judo,

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Aikido, Jiu Jitsu, Muay Thai and Boxing.  
As part of his training, Sensei Kenney  
took part in many regional,

## **Karate Manual Master updated November 2015**

Home News Shito-Ryu Kenzo Mabuni  
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English (PDF document) ... Special  
Training Concepts of Shito Ryu Karate 1.  
Tenshin Happo: Eight Directions of  
Response: 2. Hijiate Goho: Five Direction  
Elbow Strike Exercise: 3.

## **Shito-Ryu International Karate Do Kai Official Website**

Chito Ryu is a traditional Okinawan style

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of karate founded by Dr. Tsuyoshi Chitose (O'Sensei). Chito Ryu derives from two disciplines, Shuri no Te (now Shorin Ryu) and Naha no Te (now Shorei Ryu). O'Sensei created Chito Ryu by combining the merits of both these styles with his medical knowledge, to develop a healthier alternative.



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## **Chito-Ryu Karate-Do YoshinkanKarate**

Goju Ryu Manual - Help Document of  
Goju Ryu Manual GUIDESBOOK 1/1 GOJU-  
RYU-MANUAL.PDF GOJU RYU  
MANUALGOJU RYU MANUAL digital  
library is a good source of information  
for everyone who . Goju-Ryu Karate-Do  
Kyokai - Read more: Seminar Ju Aspect

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of Goju-Ryu. He created a Student Guide for our use and also a School Start-up Manual and these are on ...

## **[PDF] Goju ryu manual - read & download**

All attacks are in the following order and repeated from both sides: Zenkutsu-dachi chudan-tsuki (repeat each side)

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Zenkutsu-dachi jodan-tsuki (repeat each side)

## **Basic Kumite - Shito-Ryu**

However, the beauty of training online with our program is that you can study anywhere or anytime on any device with internet access. After you purchase the Online Black Belt Karate Course, use the

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criteria for the belt you are training for from the free Official Wado-Ki Karate Manual, starting with the first belt.

## **Online Training - Wado-Ki Karate**

Training of the Shito-ryu kata Shinsei (Ichi). Mabuni Kenwa created this kata based on the Gekisaidai kata of Myagi Chojun. The Gekisaidai were created in

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the Naha-te school for pedagogic  
reasons ...

## **Shinsei kata**

Kohsohkun-dai Kohsohkun-show  
Shihohkohsohkun Chinto ALL KATA OF  
SHITORYU KARATE Vol.3. ... Kumite  
Training 1 w/ Sensei Gyula Büki, ... Shito-  
ryu Shukokai Karate Do Union ...

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## **ALL KATA OF SHITORYU KARATE Vol.3**

Coach Sampai Luc Periard and Yannick Fortin of Shitoryu Karate visited with CTV Morning Live to discuss shitoryu and the 15th Pan-American Shitoryu Karate-do...

## **Shitoryu Karate**

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Karate- Shito Ryu - 1993 A Rare  
Documentary - Duration: 15:47. Joel  
Samuel 106,488 views. 15:47. Kumite  
Training 1 w/ Sensei Gyula Büki, 7th Dan  
Shotokan Karate - Duration: 14:41.

## **Shito ryu Karate Training**

Chito Ryu Kyu Requirements Prepared  
by: Chito Ryu Technical Committee

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Senseis: Romualdo Ferri Robert McInnes  
Germain Bisson Chris Golz Troy Shore  
Ken Roper Derek Ryan Harvey Hiob  
David Chong (Secretary) September,  
2010 KYU REQUIREMENTS 1 Canadian  
Chito-Ryu Technical Committee. ROKU-  
KYU TO GO-KYU

**Canadian Chito-Ryu DRAFT -**



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**charlottetownkarate.com**

Japanese Martial Arts, Karate, Aikido,  
Judo, Ju Jitsu, Jiu Jitsu, Ju Jutsu, Iaido,  
Kobudo, Ninjutsu, Shotokan, Shito Ryu,  
Goju Ryu, Isshin Ryu, Wado Ryu, Uec...

**Martial Arts Japan. Karate, Aikido,  
Ninjutsu, Kobudo ...**

The founder of Goju Ryu Karate-Do is

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Chojun Miyagi. He was born in Naha Okinawa on April 25th 1888, to a noble family. His birth name, Miyagusuku, was changed to Miyagi by the Japanese. At the age of 14 Miyagi began training under Arakaki, who introduced him to his friend, the foremost Naha-te master, Kanryo

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## **CLASSICAL MARTIAL ARTS CENTRE**

The founding of Saito-ha Shito-ryu Karate-do was a culmination of Del Saito's life-long study of the art of traditional Shito-ryu Karate-do, a significant achievement of a life time. Through competent leadership and dedicated constituents, Saito-ha will prosper and benefit society for

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generations to come.

## **Traditional Karate-do Federation ... - Saito-ha Shito-ryu**

Jiin, Jion, and Jitte form a group of kata used in Shito Ryu and other karate styles, beginning with the same characteristic kamae of the left hand covering the right, which apparently has

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roots in ancient Chinese boxing. Their origin is thought to be from the Tomari-te school. Ji'in (translated: "Temple grounds") is important for the...

## **Shito Ryu - Martial Arts Videos**

Welcome, your child is practicing Shito-Ryu Karate-Do at Hombu Dojo! Some Helpful Things to Know: When entering

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the training area of the dojo, EVERYONE  
- students and visitors - must remove  
shoes outside the doorway and placed  
neatly outside.

## **For Parents of New Students - Shito- Ryu**

History of Batto. The Batto-Do  
techniques practiced by members of the

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International Batto-Do Rengo-Kai (Alliance) and the Society for the Preservation of Toyama-Ryu Batto-Do have a long history. It includes techniques and variations of techniques used by the Samurai as well as modern era Japanese soldiers.

## **History of Batto - Shito-Ryu Karate-**

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## **Do Genbu-Kai International**

Welcome to Mount Holyoke College  
Bushido-Kai Karate ... The Shito-Ryu  
Times, is the official organizational  
newsletter of Shito-Ryu USA Karate Do  
Kai and is intended to enhance,  
encourage and continue the  
development and growth of Shito-Ryu  
Karate Do through the exchange of



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information, ideas, training methods,  
and technique. Shito-Ryu USA ...

## **Welcome [www.mtholyoke.edu]**

Master Pantazi shows us on this occasion  
a special DVD, purely focused on  
personal defense, by selecting the 10  
Kyusho points which are more common  
and effective in the human body.

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